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April 2023



Webinars & Events

Aspirin De-Prescribing and PPI Prescribing: Gastroprotection Among Patients Taking Oral Anticoagulants

Wednesday | April 26, 2023 | 12:00pm ET

11:00am CT | 10:00am MT | 9:00am PT

This webinar will focus on aspirin de-prescribing with PPI prescribing as an overall “gastroprotection” strategy for patients taking anticoagulants. There has been much work which supports aspirin de-prescribing as a strategy to reduce GI bleeding. Currently, there is limited data (no trials) for PPIs as primary prevention among anticoagulated patients, and no guideline recommendations to support. We will hear from two experts from the University of Michigan, who will share their expertise and insights.

Register Now!

Presenters



Jacob Kurlander, MD
University of Michigan



Jordan Schaefer, MD, FACP
University of Michigan

Moderators



Arthur Allen, PharmD, CACP
VA Salt Lake City Health Care System



**Andrea Van Beek, RN, DNP,
AGPCNP-BC**
Visalia Medical Clinic/
Kaweah Delta Medical Foundation

Webinar Recording Now Available!

*Underprescribing of Oral Anticoagulation (OAC) and
Associated Outcomes for Patients with Atrial
Fibrillation (AF): A Call to Action*

Tuesday | February 28, 2023 | 12:00pm EST

Presenters:

Naomi Yates, PharmD, BCACP | Julia Mulheman, PharmD, CACP | Sara Vazquez,
PharmD, BCPS, CACP

Under-Prescribing of Oral Anticoagulation and Associated Outcomes for Patients with Atrial Fibrillation: A Call to Action

February 28, 2023

Faculty:

Naomi Yates, PharmD, BCACP
Julia Mulheman, PharmD, CACP
Sara Vazquez, PharmD, BCPS, CACP

1.0 hours of enduring ETHICS CE available for physicians, nurses, pharmacists, and pharmacy technicians!

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National Conference

**Thank you to all of our speakers and attendees for such an
amazing conference!**

Conference Highlights



Anticoagulation Forum Centers of Excellence celebrates their 10th Anniversary with a cake cutting!



Drs. Sara Vazquez and Naomi Yates of the IDEA Initiative Committee present a poster during our Welcome Reception: "Scoping Review: Racial Disparities in Anticoagulation Care Delivery (Interim Data)"



Ansell Vascular Medicine Fellows pose with Dr. Jack Ansell

Left to Right: Hunter Mwansa, Gayatri Suresh Kumar, Mohamed Zghouzi, Salam Elshaikh, Jack Ansell, Ihsan Kaadan, Sijan Basnet



President's Panel discussion, chaired by Dr. Geoff Barnes.

Left to Right: Allison Burnett, Mark Crowther, David Garcia, Scott Kaatz



The Anticoagulation Forum was pleased to welcome high school students from the Global Thrombosis Forum! GTF's mission is to spread the awareness of thrombosis by training young volunteers - some as young as 13 - to write, publish, and present on various topics and issues within the anticoagulation community.

These students presented two posters at our National Conference:

- Anticoagulant Management of COVID-19 Patients with Thrombotic Complications

**Live Broadcast Friday & Saturday | October 13-14, 2023
&
30 Days of Extended Access Through November 14, 2023**



This compact two-day meeting provides a comprehensive curriculum that covers the essential aspects of anticoagulation, disease state, and drug management. Engaging discussion around quality improvement, new agents, and special situations will benefit all practitioners and “chalk talks” (live & recorded for ongoing access) will allow for attendee participation to shape the topics.

\$249 per person

Our October course will be updated and curated content from previous virtual Boot Camps. Featured topics include:

- **Warfarin management**
- **Pediatrics**
- **Drug/Drug interactions with DOACs**
- **Anticoagulation Stewardship**
- **A "how-to" on staying abreast of the literature**

Registration Coming Soon!



Daily Chalk Talks will provide live Q&A with our faculty so bring your toughest questions & cases!

Accredited for Nurses, Pharmacists, Pharmacy Technicians, and Physicians for an anticipated 12 hours of CE.



IDEA Initiative

The AC Forum **I**nclusion, **D**iversity, **E**quity, and **A**llyship (IDEA) Initiative works to increase awareness and promote diversity in AC Forum leadership, membership, and programming.

Updates from the IDEA Committee



The IDEA Committee was proud to present the preliminary results of their scoping review on racial disparities in anticoagulation care delivery at our 2023 National Conference in San Francisco.

Thank you to Drs. Sara Vazquez and Naomi Yates for leading this project!

Seeking New Members!

Do you have a passion for diversity, equity, and inclusion? Are you interested in learning more about health disparities and their impact on patient care? Want to be more involved with the AC Forum?

Consider volunteering with the IDEA Initiative Committee!
Email us at info@acforum.org to learn more.

Did You Know....?

April is National Minority Health Month (NMHM), a time to raise awareness about health disparities that continue to affect people from racial and ethnic minority groups and encourage action through health education, early detection, and control of disease complications. This year's theme for National Minority Health Month 2023: Better Health Through Better Understanding.

Learn More & Get Involved

[National Minority Health Month \(nih.gov\)](https://www.nih.gov/nmhm)

[National Minority Health Month - Home \(hhs.gov\)](https://www.hhs.gov/nmhm)

Recommended Education:

[Associations of Community and Individual Social Determinants of Health With Medication Adherence in Patients With Atrial Fibrillation: A Retrospective Cohort Study | Journal of the American Heart Association \(ahajournals.org\)](https://www.ahajournals.org/doi/10.1161/STROKEAHA.121.044444)

[Learn more about how the AC Forum is addressing health disparities](#)

Interested in joining the committee? Email info@acforum.org to learn more!



News & Updates



Anticoagulation
FORUM

TRAIN
Pharmacist
Grant

Thrombosis/Hemostasis Residency Award and Innovation Network

Applications Now Open!!

This recently established 1-year residency, authorized by ASHP, will increase the number of expert clinicians equipped to effectively manage patients at risk for thrombosis and bleeding, and

support the creation of anticoagulation stewardship programs nationwide.

Grant Award

The award offers each institution \$120,000 over a 2-year period. The goal of this grant is to support the institution in developing the new program, as well as provide salary assistance for two consecutive residency years.

The AC Forum will award up to four 2-year grants in the Spring 2023 application cycle. The funding will begin for residents starting July 2024.

Applications Due: May 15, 2023

[Learn More About TRAIN](#)

[Submit Your Application](#)



From Our Leadership



Board Member Spotlight



Marilyn Blumenstein, MSN, CRNP

Pediatric Nurse Practitioner

*Hemostasis and Thrombosis Center
Children's Hospital of Philadelphia*

How did you become interested in the field of anticoagulation?

My nursing career has always involved blood. Starting at the American Red Cross doing blood mobiles and then regional therapeutic apheresis (adult and pediatric). I started working in pediatric hematology at just the right time - when The Children's Hospital of Philadelphia was expanding its Hemophilia Treatment Center to become a Hemostasis and Thrombosis Center. 21 years later it's still blood - pediatric anticoagulation.

Do you have an ultimate career goal?

My dream job includes teamwork and starting and developing programs. I've had that several times in my career. Now I'm working to achieve a dream schedule and commute.

Do you have any hobbies? If not, how do you like to spend your free time?

I like to be outside - hiking, biking, gardening and beaching. When I'm inside, I like to read and be read to, work out, and entertain friends.

What is an interesting fact about yourself?

I was a certified breastfeeding counselor, a Girl Scout leader (Brownies and Juniors) and I am certified in S.C.U.B.A. – NAUI.

Do you have any pets?

My pet history includes a golden retriever (Molson), four cats (Ginny, Sam, Sydne and Miller) – all deceased now. At this time, we're living with a 14-year-old Yorkiepoo, Demus.

What is your favorite family tradition?

Thanksgiving. We have a tradition of including people we know don't have somewhere to go for Thanksgiving dinner at our table.



If you could meet any celebrity, who would it be and what would you do?

Bruce Springsteen. I'd thank him for his music and for his political activism/pro-democracy work.

Aside from necessities, what one thing could you not go a day without?

My smart phone.

Is there anything you wish would come back in fashion?

Shag haircuts.

What is the most daring thing you've done? (I.e., your craziest adventure)

Getting my first ski lesson after age 35.

Anything else you'd like to share?

I ♥ AC Forum.



Supporting Our Partners



Survey Opportunity!

Help the ISTH Scientific and Standardization Committee better understand how YOU think about **DOAC use for DVT treatment in the elderly** by completing a brief survey.

[Take the Survey!](#)



The Agency for Healthcare Research and Quality (AHRQ) awarded funding for a CNTR conference, titled Summit on the Advancement of Focused Equity Research in Trauma (SAFER-Trauma). The goal of the summit is to help the trauma research community identify and characterize current gaps in trauma health disparities research, define funding mechanisms and pathways for collaboration, and outline a research agenda targeted at reducing and eliminating health disparities in trauma care.

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Summit on the
Advancement of
Focused
Equity
Research in
TRAUMA

August 2-3, 2023
Chicago, IL

[Learn More](#)

[Register](#)

Early-Stage Investigator Travel Award Application

In an effort to grow the pipeline of a diverse group of investigators and spur new grant applications, early-stage investigators interested in equity, diversity, and inclusion (EDI) in trauma are encouraged to apply for a travel award to cover the cost of airfare, meals, and lodging (up to \$1,500). Registration fees will also be covered. Up to four awards will be granted, depending on budget and space considerations.

[Learn More & Apply](#)

Applications Due May 1, 2023

no time to wait



Basketball Legend Kareem Abdul-Jabbar Shares His AFib Diagnosis Story

Kareem Abdul-Jabbar has teamed up with Bristol Myers Squibb and Pfizer to share his atrial fibrillation (AFib) diagnosis story as part of the *No Time to Wait* campaign. Like

many other AFib patients, Kareem knows how easy it can be to dismiss AFib symptoms, especially when your symptoms come and go. He initially ignored his symptoms and ended up in the hospital where he was ultimately diagnosed with the disease.

Symptoms like irregular heartbeat, heart racing, chest pain, shortness of breath, fatigue or light-headedness can be indicative of AFib, the most common type of irregular heartbeat.

Unfortunately, symptoms of AFib are sometimes dismissed or ignored, leaving some individuals at risk for potentially serious health complications, such as an increased risk of AFib-related stroke. Only a healthcare professional can determine whether these symptoms indicate AFib or another condition.

Doctors have options that can help reduce the risk of stroke associated with AFib. Kareem hopes others will learn from his story and speak with a healthcare professional if they're experiencing symptoms. Seeking timely medical attention may help reduce the chance of AFib leading to something more serious, like stroke.

For more information and to watch Kareem's full story, visit <https://www.notimetowait.com>.

The Anticoagulation Forum is dedicated to supporting our partners.

Want to know how you or your organization can partner with the Anticoagulation Forum?
Email us at info@acforum.org

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